

## Me and my big mouth - Week 1 - How words shape worlds

### Getting started

Ok, now for some fun time....when was the last time your mouth got you into trouble? How does this work out for you sometimes? Have some fun with this!!



### Getting stuck in

Read James 3 v. 1-12

- What makes the images and metaphors James uses here so powerful?
- In what ways do we see and experience the truth of these statements?
- Jesus often makes the link between the heart and the mouth, why is this so critical to us do you think?

Read James 1 v. 19-21

Here James gives practical advice on how we can tame our tongues.

- In what ways is this easier said than done in your experience?
- What have you learned or are learning about this process for you and your tongue?
- When it comes to listening and asking questions, why do we seem so bad at this these days?
- How can we get better? What questions could we use that would build relationship with others?

### Getting personal

- What words have been spoken over your life that still impact you? For good or bad?  
*You may not want to share them but be aware this is true for many of us...*

Spend some time in worship with each other, put the name of Jesus on your lips...

The old hymn says;

*How sweet the name of Jesus sounds*

*In a believers ear*

*It soothes his sorrows, heals his wounds*

*And drives away his fear.*

Which of these statements do you need in your life right now? Spend some time in prayer and be open to the spirit of God.

Share some words of encouragement with one another, let the gifts of the spirit be in operation....

Remind the group that this months midweek is:

**Tuesday June 11th and the theme is BREAKTHROUGH**